



## LIFELINE Discussion Guide

Week of November 21, 2022

1. Read Psalm 100. This is a well-known Hebrew psalm. What is a “psalm”? What do you know about the book of Psalms? In what ways are Psalms similar or different from our modern worship songs today?
2. In verse two, what does it mean to “*serve the LORD with gladness*”? Does it bother you when some Christians are continually grouchy, temperamental, or gloomy? Why is that a problem?
3. Verse three makes it clear that it was the LORD “...*who has made us, and not we ourselves...*” What are some of the other popular views of human origins today? Where do these views go wrong?
4. Compare the final phrase of verse three with Psalm 23. Why is it a good thing for us to have the LORD as our shepherd? Give some specific examples of His care for you.
5. Pastor Ryan explained that God’s “goodness” isn’t just what He does— it’s who He is. It’s part of His very nature and essence. What are some of the ways God has revealed His goodness to you— in your world, your family, your everyday life?
6. Why is it important to make the distinction between “feeling” thankful and “expressing” our thankfulness? Which one does this psalm insist upon?
7. Have each one of your group members share something tangible that he/she is thankful for. Reflect on God’s goodness, mercy, and faithfulness. Give a blessing for each of these categories: *physical, emotional, financial, relational, spiritual*.