



## LIFELINE Discussion Guide

Week of October 13, 2025

1. English can be a very challenging language to navigate. For instance, how many different ways could this simple phrase be interpreted, if you couldn't hear a person's tone of voice, see their face, or spot their body language?: **"WHERE ARE YOU"** - Discuss these scenarios and the different meanings in each one:

WHERE ARE YOU: a father texts his teenage daughter after she missed midnight curfew

WHERE ARE YOU: a wife messages her husband, with dinner on the table and he's an hour late

WHERE ARE YOU: a senior citizen leaves a voicemail after getting separated from the group at Disney

WHERE ARE YOU: an 8-year old texts his mom when he's locked out and she isn't home

2. **Read John 6:47-59.** What is the simple phrase Jesus spoke that caused so much controversy and discussion among his audience?
3. What was the famous event from the Old Testament where "bread" showed up miraculously? What happened in this historic event? Explain it in your own words. (see Exodus 16)
4. For as miraculous as the "bread from heaven" was in the wilderness, what ultimately happened to the Jewish ancestors who ate the bread? What contrast does Jesus make between that event and what he offers in verses 49-51? Manna was for the Israelites. Who did Jesus say His "Living Bread" was for?
5. The people became agitated and angry. But while they were thinking "physical", Jesus was talking spiritual. What spiritual truth did Nicodemus nearly miss in John 3? How about the woman at the well in John 4? Why will secular people sometimes get angry or frustrated with you when you talk about spiritual things? (see 1 Corinthians 2:14)
6. Roman Catholics contend that these verses in John 6 are instructional about the "Eucharist"— the sacrifice of the Mass where the bread and wine are transformed into the actual body and blood of Christ. Why is this an incorrect interpretation?
7. Look back through the earlier verses of this same chapter (John 6). How many times does Jesus talk about faith or "believing" in Him? How does "believing" unlock the meaning of this analogy/metaphor: "*Eat my flesh*" and "*Drink my blood*"? What spiritual truth was Jesus trying to teach with this illustration?
8. Every single person understands the importance of eating and drinking. How could you use that simple illustration to share the Gospel with a lost person? How could you use a sandwich and a water bottle to share Jesus with someone? Discuss your answers and any verses that would be simple to share.