



LIFELINE Discussion Guide

Week of January 29, 2024

1. Did you see or hear about McDonalds bringing back the “Double Big Mac” with 4 burger patties and 780 calories? What do you think about this food offering? Would you buy it and eat it? What will some people give as their reasoning for purchasing it?
2. What is the average secular American’s viewpoint on sex and sexuality? In what ways is the phrase from Judges 21:25 still in effect today: “...all the people did whatever seemed right in their own eyes”?
3. Is human sexuality just physical biology at work or “animal instincts”? What does Genesis 1:24-27 say about the uniqueness of human beings? What does it mean that we are made in God’s image? What is special about masculinity and femininity? It’s more than just “plumbing”, right?
4. Read Genesis 2:20-25 and describe what happens here in your own words. The Bible says that husbands and wives experience a “one flesh” connection. How do they connect relationally, emotionally, spiritually, and physically? Adam and Eve were totally naked and totally unashamed. How do you explain that?
5. Some people claim that Christians are against sex or expressions of sexuality. How would you respond to this accusation? Is sexual expression inherently wrong, dirty, or sinful? (see Hebrews 13:4; Prov. 5:18-19)
6. In Genesis 3, we read how the “fall” of mankind into sin changes everything for human existence. What are some of the sexual sins (perversions) we read about in the Bible and see unfold in the lives of sinful people all around us? Make a brief list here:

_____	_____
_____	_____
_____	_____

7. The Bible explains that God created human sexuality for “procreation” and “pleasure”. How would you explain these two concepts in your own words? When does sexual activity cross the line into sin? (see 1 Thessalonians 4:3-8). Pastor Ryan used the analogy of the Amtrak train. What are the “rails” of safety that God has given for sexual activity?
8. What cues are modern people taking about sex and sexuality from television, movies, music, and media? Why should we take our cues from God and His Word rather than a sinful, secular culture?

What hope is there for people who have crashed their lives into the rocks of sexual sin? What would you say to that hurting person?