



LIFELINE Discussion Guide

Week of January 13, 2025

1. Who are some of the family members or friends close to you who have served in the military? What is it about their military service that you admire? Would you consider yourself the “military-type”? Why or why not?
2. Read Ephesians 6:10-18. What are some of the similarities that appear between conventional human warfare and the spiritual warfare that the Bible describes? List as many similarities as you can think of.
3. Christians have differing views about the Christian life and the community experience of church life. Pastor Ryan said that many believers liken church to “...a playground... an underground... a training ground...” But how does Ephesians 6 show us that the spiritual life of a Christian is a BATTLEGROUND? Which Christians are exempt from this battle? Children? Teenagers? Young people? Women? Widows? Seniors?
4. Fighting a daily spiritual battle requires strength for the fight. According to verse 10, where does this strengthening come from? How do you acquire this strength in practical terms?
5. Make a brief list of some of the resources and equipment that today’s American soldiers are outfitted with before they step on a battlefield. (Not sure? You can Google it). What spiritual provisions has God given to every Christian in verses 13-17? What makes up the “armor of God”?
6. Are Christians supposed to go on the “attack” or “on offense” against Satan? Why or why not? What does the Bible say about Satan in 1 Peter 5:8 and 1 John 5:19? Is Satan to be feared... or at least, respected?
7. What is our primary strategy for battle according to verses 11, 13, 14? (*Look for the repeated word*) Where are some specific areas of everyday life where Christians must stand firm?
8. Prayer is absolutely essential for spiritual warfare, because prayer is how we connect with God’s spiritual power. Fill in these blanks from verse 18: “Praying _____ with _____ prayer and supplication in the Spirit, being watchful to this end with _____ perseverance and supplication for _____ the saints...”. With blanks filled in, explain this verse in your own words.

Close your Life Group tonight with a time of prayer, asking the LORD to give you His spiritual strengthening for each day — to fight the spiritual battles with firmness and courage—using all His armor and heavenly resources.

When the spiritual battle rages, you can ignore it and accept defeat, or fight it and achieve victory.